SPA SERVICES

HOTEL ZAZA HOUSTON MEMORIAL CITY

ZASPA HOTEL ZAZA

ZASPA®
HOTEL ZAZA®

LOCATED ON THE LOBBY LEVEL

MONDAY - FRIDAY: 10AM - 6PM

SATURDAY: 9AM - 8PM

SUNDAY: 9AM - 6PM

TUCKED AWAY IN EVERY HOTEL ZAZA IS ZASPA, A SENSUOUS OASIS WAITING TO REPLENISH YOUR MIND, BODY, AND SOUL. TREAT YOURSELF TO THE ULTIMATE LUXURY EXPERIENCE AND ESCAPE TO OUR SPA IN HOUSTON TO DISCOVER WHERE HOLISTIC AND MODERN HEALING TECHNIQUES ARE COMBINED FOR A RELAXING RESPITE FROM THE HUSTLE AND BUSTLE OF EVERYDAY. FIND YOUR CENTER AND ZEN OUT WITH ONE OF OUR INVIGORATING SPA TREATMENTS. FROM A HOT STONE AND DEEP TISSUE MASSAGES TO REVITALIZING FACIALS AND FULL BODY TREATMENTS, PLAN YOUR SPA GETAWAY AT ZASPA.

WE LOVE YA AT ZAZA!

SIGNATURE TREATMENTS

LIGHT, COLLAGEN, ACTION FACIAL

This complexion-perfecting powerhouse is the most popular aesthetic treatment in Dr. Gross practice. This signature Alpha Beta® Professional Peel immediately delivers smoother, more flawless skin and restores its youthful glow with just one treatment. Fine lines, enlarged pores and discoloration are no match for this coveted treatment. Eye and serum treatments can be based on client concerns and needs. This facial includes an anti-aging, imperfection fighting light therapy treatment.

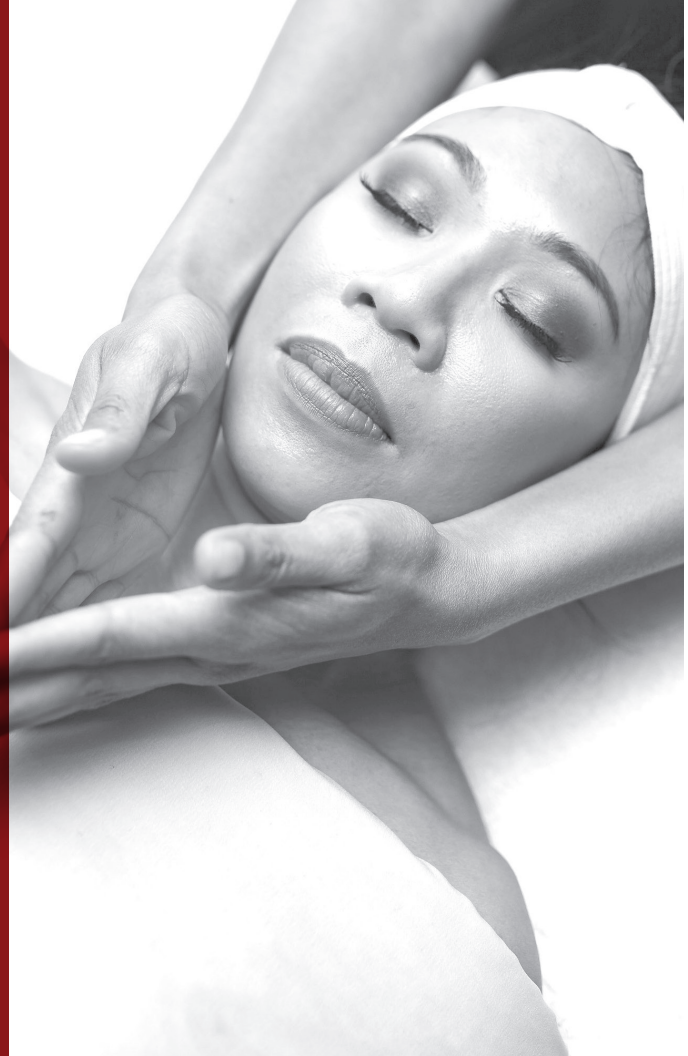
THE MORNING AFTER SCRUB & WRAP

Purge last night's party with a dry brush scrub, detoxifying seaweed wrap & full body massage.

THE ROMANCE RITUAL

Spend some quality time with your sweetie! A side by side foot soak, sea salt scrub, hydrating shea butter body wrap, hot oil scalp massage and full body customized massage – this is the ultimate aphrodisiac!

CALL 713.860.4500 OR VISIT HOTELZAZA.COM FOR CURRENT TREATMENT PRICING!



FACIAL THERAPIES

THE ZASPA SIGNATURE HOLISTIC FACIAL

The Holistic Facial embraces beauty rooted in wellness, understanding that radiant skin is a reflection of health on the inside. Start your treatment with an in-depth consultation, diving into stress levels and skin care regiments to identify your Skin Personality. Next, experience a customized facial with detoxifying lymphatic brushing, relaxing aromatherapy, massage, and targeted active ingredients, from plant stem cells to peptides. Leave with a holistic prescription of skin care, beauty foods, herbal remedies and well-being rituals to deliver true and lasting results.

FOUNTAIN OF YOUTH FACIAL

Turn back time. Utilizing the revolutionary time-reverse technology of the BABOR Re-Youth complex this innovative, luxury facial treatment retains and extends skin cell lifespan, reactivates the skin's own anti-aging mechanisms and reclaims lost radiance as it visibly smooths fine lines and wrinkles. The lifting effects of this treatment are further intensified by our exclusive firming massage techniques.

THE NEW YOU FACIAL

For all types of stressed, demanding skin showing signs of environmentally-induced skin aging. Skins with loss of elasticity, lines, pigmentation, loss of radiance, or irregular, rough skin structure will benefit from this detoxifying yet gentle treatment. Treatment reveals a more smooth and refined surface and makes it appear and feel more balanced. A more youthful, fresh complexion, full of luminosity and radiance are optimized after this treatment combats environmental damage.

THE TYCOON FACIAL

Say goodbye to dry and depleted skin with this facial geared toward gentlemen.

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BODY THERAPIES

HAVE NO MERCY DEEP TISSUE MASSAGE

Created especially for athletes or stress relief, this intensive treatment focuses on sore muscles, tendons and stiff joints with trigger point therapy, myofascial release and Russian massage techniques.

ROCK STAR! HOT STONE MASSAGE

Enjoy the deeply relaxing benefits of this unique treatment, which uses smooth, heated stones, placed on specific acupressure points on the body to melt away knots, tension and stress. The hot stone experience relieves pain, and promotes harmony, balance and peace.

MIND, BODY & SPIRIT MASSAGE

A relaxing full body massage using specific aromatherapy oils to aid circulation and release muscle tension = pure relaxation.

AN ATHLETE'S TREAT MASSAGE

A physically intense massage centered on areas affected by stress, work or sports and stimulating reflex points along the spine, neck, shoulders and feet. Especially recommended for moments of stress.

SWEDISH BLISS MASSAGE

Targeted to the individual, this massage uses a variety of Swedish-style techniques to sooth and relax.

WHO'S YOUR DADDY PRE-NATAL MASSAGE

A calming, relaxing and healing full body massage for mothers to-be, focusing on tensed back and heavy legs muscles. Ideal for mothers who want a break and feel lighter, radiant and blooming.

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HAND & FOOT THERAPIES

HEAVY METAL PEDICURE
Enjoy a glass of bubbly while your feet and legs are pampered with two hydrating masks, paraffin treatment and hot stone massage...and finished with a dusting of gold shimmer!

HEAVY METAL MANICURE
Relax with a glass of bubbly...this manicure has it all! Enzyme peel treatment, ultra-hydrating mask with paraffin, jasmine oil massage and a delicate dusting of gold powder to finish!

THE BUBBLE BERRY PEDICURE
Enjoy the legendary ZaZa Bubble Berry cocktail during this pedicure featuring a ginger dead sea salt scrub with moroccan argan oil massage!

ESCAPE PEDICURE
This intensive treatment for dry, cracked skin revives legs and feet with geranium sugar scrub. Calms the mind and soothes the spirit.

ESCAPE MANICURE
TLC for dry, overworked hands! Includes nail care, massage and polish.

SHELLAC MANICURE
Our classic manicure includes nail care, massage and shellac polish.

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SPA ETIQUETTE

Due to Covid-19, ZaSpa has taken measures to ensure the safety and well-being of our customers and associates by requiring all guests and staff to follow newly identified safety standards. The policies, guidelines & procedures listed below will be updated as we adjust to new recommendations and practices.

RESERVATIONS
Only guests with reserved treatment times will be allowed to enter the Spa. Accompanying guests are not permitted to wait in the Spa and day passes are not being offered.

SPA ACCESS & FACILITIES
Length of time in the Spa is now limited. Guests may arrive no sooner than 15 minutes before their scheduled treatment time, and can stay up to 30 minutes after the end of their treatment to utilize the showers and locker area while maintaining physical distancing. Guests having only a nail service will not have access to the Spa locker rooms or lounges. At this time, THE INFRARED SAUNA is CLOSED.

SAFETY
If you have a fever or are experiencing symptoms of the flu or Covid19, please cancel your appointment prior to arrival. Upon arrival, your temperature will be taken. Guests displaying an above normal temperature will not be granted access and the individual's services will be cancelled at no charge. Guests & associates are required to wear masks while in the Spa. Exceptions to wearing a mask include when a guest is lying face down on a massage table or while showering. A mask will be provided if you arrive without one.

CHECK-IN PROCEDURES
The check-in process will take approximately 5 minutes to allow for temperature check, completion of consultation form, locker assignment and changing of clothes. For body treatments and massages, please arrive at least 15 minutes prior to your treatment start time but no sooner than 30 minutes prior. For Nail services please arrive at least 15 minutes prior to your start time but no sooner than 30 minutes prior. Later arrivals may affect treatment start time and we will accommodate the remaining time with full treatment cost required.

CLEANING PROCEDURES
The Spa associates will take added measures to disinfect all hi-touch areas, work stations and treatment rooms. We ask all guests to wash their hands frequently for at least 20 seconds and to use the sanitizer stations throughout the Spa.

PERSONAL TOUCH
Spas are a place to experience and feel healing through touch. During this time, we will minimize personal touches to treatments only. Please pardon us if we do not shake hands or offer hugs.

PAYMENT & GRATUITY
The Spa does not add a gratuity to our services as tipping is discretionary. For excellent service, a 20% gratuity is customary. We will finalize your bill at the end of your visit. Please note that the spa does not accept Cash and will not have Cash available. If you would like to tip your therapist in cash, please bring the exact amount and request an envelope at our spa desk.

WHAT TO WEAR
ZaSpa will provide a plush robe and a pair of slippers for your comfort prior to changing so that you can unwind in the relaxation area. There your therapist will greet you and escort you to your treatment room.

SPA ETIQUETTE
ZaSpa environment is one of tranquility and relaxation. Please respect our peaceful ambiance as well as the privacy of other guests.

VALUABLES & JEWELRY
Jewelry is not recommended to be worn throughout the spa or during treatments. If you bring valuables and jewelry with you, a place will be provided for their safekeeping, but ZaSpa will not be held responsible for them.

CELL PHONES
We appreciate that devices be turned to silent mode when you arrive to allow you and our guests to relax.

SMOKING
ZaSpa is a smoke free facility.

CONSULTATION & MEDICAL CONDITIONS
All guests must complete a consultation form before treatment, where any health concerns or special needs can be addressed. Please advise us if you suffer from any medical conditions, injuries and allergies, or if you have any special requests when making your booking as some treatments may not be safe or suitable to be carried out.

PREGNANCY
Please advise us if you are pregnant or breastfeeding at the time of booking as some treatments may not be safe or suitable to be carried out.

HOME CARE
It is recommended after some treatments, i.e. exfoliation, chemical peelings, that you avoid sunlight. Your therapist will have recommendations and post-care suggestions for you following the treatment.

GIFT CERTIFICATES
ZaSpa offers gift certificates for a specific service, package or amount at the Spa reception.

FOOD & BEVERAGE
We recommend you drink water before and after treatment to help flush toxins from the body. Please allow sufficient time before your treatment to digest after eating, at least 2-3 hours is recommended for digestion before treatment.

CHILDREN
ZaSpa is an adult facility. Children under the age of 17 will not be able to have treatments at the Spa or use the Spa facility. There are some treatments available for under aged guests.

CANCELLATION & NO-SHOW POLICY
In the event you need to cancel your appointment with us, please contact the Spa at least 24 hours' in advance. Failure to notify the Spa within the notification period, and all no-shows, will result in a full charge of the treatment booked without refund.

PRICING
All Spa pricing is subject to change without notice.

FEEDBACK
We want all our guests to feel comfortable during their visit to ZaSpa. If you have any concern or queries regarding your treatment or the facilities, please speak with your therapist or Spa Director who will ensure that you have the best possible experience.

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AUSTIN DOWNTOWN

DALLAS UPTOWN

HOUSTON MEMORIAL CITY

HOUSTON MUSEUM DISTRICT

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